



PRESS RELEASE

24 JULY 2008

PERFECT VISION: UNDERSTAND YOUR TREATMENT OPTIONS

Uncover the truth about LASIK, Lens Implants, Degenerative Eye Diseases, Myopia and more at the Mount Alvernia Public Forum on 2 August 2008, Toa Payoh Central CC

Why are there so many types of LASIK procedures today and how do they differ? What are the treatment options for Presbyopia ('lau hua yan')? What can one do about age-related degeneration eye diseases like Cataract and Glaucoma? And what can parents do about Myopia in children?

To address the burning questions surrounding eye treatment options today, Mount Alvernia Hospital (MAH) is organizing a public forum on Saturday, 2 August 2008 at Toa Payoh Central Community Centre (Theatrette @ Level 3). On-hand to shed light on the latest technologies and treatment options available to the man-in-the-street today will be MAH's on-campus eye specialists Drs Lim Wee Kiak and Julian Theng, and optometrist Shandy Chng from Eagle Eye Centre (EEC).

Mount Alvernia Hospital is Singapore's oldest private hospital and a name trusted by generations. Besides its reputation as a leader in Obstetrics & Gynaecology, the hospital has also established itself as a general acute care hospital with multi-disciplinary medical expertise. These include Ophthalmology, Orthopedic Surgery, Oncology, Neurology, Cardiology, Urology and General Surgery. With the setting up of EEC within MAH in November 2006, patient care has been further enhanced in the field of Ophthalmology. In 2007 alone, MAH performed close to 2,000 eye surgeries.

Dr Lim, 39, is Chief Executive Officer of EEC and a senior consultant eye surgeon with sub-specialisation in Ocular Inflammation and Immunology. He is an author and expert in Ocular Inflammation, Immunology and Uveitis (inflammation of the middle layer of the eye which can lead to blindness if not treated). In addition, Dr Lim performs LASIK, Epi-LASIK and cataract surgeries with the latest advanced intra-ocular lenses that may correct other refractive disorders including astigmatism and Presbyopia. Besides serving at EEC, Dr Lim holds concurrent appointments as Head, Ocular Inflammation, Immunology and Uveitis, The Eye Institute, National Healthcare Group and Tan Tock Seng Hospital. He is also serving as a visiting consultant to SNEC.

Dr Theng, 40, is Medical Director of EEC and a reputed cornea transplant specialist. He is one of only two surgeons in Singapore involved in performing the complex "tooth-in-eye" surgery to restore sight back to a patient who was suffering from extreme bilateral cornea blindness. Dr Theng's other areas of specialty include Refractive Surgery such as LASIK, Epi-LASIK and Implantable Contact Lens (ICL) as well as treatment of Presbyopia, particularly patients with Cataracts. He has performed numerous multi-focal lens implant surgeries and is a sought-after speaker for international and local conferences.

A one-stop specialist centre for Presbyopia and LASIK in Singapore, EEC is a 3,000 sq ft facility centre at MAH that provides comprehensive eye services using the latest technology. Earlier this year, EEC was handpicked by Alcon, one of the world's largest eye care companies, as the sole site in Singapore to conduct a Phase 4 Clinical Trial on the latest designed (Restor +3.00) multi-focal lens implant. The centre was also the first in Southeast Asia to implant these latest designed multi-focal lens implants.

Recently, EEC acquired two of the industry's most advanced LASER technologies – Wavelight Allegretto Wave Eye-Q 400Hz Excimer Laser and Ziemer's FEMTO LDV Bladeless Laser. These cutting-edge technologies enable EEC to provide patients with very precise and highly customised treatment and eye care.

In addition to goodie bags, participants of the forum will also be given a free eye health screening on-site to check on:

- General eye health
- LASIK suitability (for those below 45 years)
- Glaucoma and Cataract (for those above 45 years)

Admission is \$6 per person and seats are available on a first-come-first-served basis. To register, please call Premila at 6347-6698 or email corpdev@mtalvernia-hospital.org. Please provide name, age, I/C number, contact number, email and mailing address.

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About Mount Alvernia Hospital (www.mtalvernia-hospital.org)

Mount Alvernia Hospital (MAH) is a 303-bed general hospital which offers a full range of medical services. Established 47 years ago as a private not-for-profit missionary hospital, MAH provides multi-disciplinary medical care drawing on the best of technological advances and medical expertise. Our commitment is to Serve All With Love and provide value-for-money healthcare services to all. Our patients have access to the best doctors in private practice in Singapore and can choose from more than 1,100 accredited specialists from over 20 disciplines. These include Orthopaedic Surgery, Oncology, Neurology, Ophthalmology, Cardiology and General Surgery.

About Eagle Eye Centre (www.eagleeyecentre.com.sg)

Helmed by renowned eye surgeons, Dr Julian Theng – a specialist in Refractive, Presbyopia, Cataract and Cornea Transplant and Dr Lim Wee Kiak – a specialist in Uveitis, Ocular Inflammation and Immunology, Eagle Eye Centre (EEC) is a one-stop specialist centre for Presbyopia ('Lao Hua Yan') and LASIK in Singapore. The 3,000 sq ft facility centre was established in Mount Alvernia Hospital on 28 November 2006 and has built up a reputation for quality and affordable eye care services with state-of-the-art eye treatment technology to patients. Comprehensive eye services available include all forms of Refractive Surgery – Wavefront Optimised LASIK, Epi-LASIK, Bladeless LASIK or Implantable Contact Lens (ICL) – Presbyopia treatment, Cataract surgery, Corneal transplants, Glaucoma and Diabetic Eye treatments, management of Ocular Inflammations, Myopia screening and control programmes for children as well as contact lens services.

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PROGRAMME

TIME	AGENDA
1.30 – 2.00 pm	Registration
2.00 - 2.15 pm	What is Refractive Surgery (LASIK, Epi-LASIK, Bladeless LASIK, Wavefront LASIK, Implantable Contact Lens) Dr Julian Theng <i>Medical Director Eagle Eye Centre Mount Alvernia Hospital</i>
2.15 – 2.30 pm	What is Presbyopia or ‘Lao Hua Yan’ Dr Julian Theng <i>Medical Director Eagle Eye Centre Mount Alvernia Hospital</i>
2.30 – 2.45 pm	Age Related Degenerative Eye Diseases (Cataract, Glaucoma, Diabetic Retinopathy Age Related Macular Degeneration) Dr Lim Wee Kiak <i>Chief Executive Officer and Senior Consultant Eye Surgeon Eagle Eye Centre Mount Alvernia Hospital</i>
2.45 – 2.55 pm	Myopia & Children Ms Shandy Chng <i>Optometrist Eagle Eye Centre Mount Alvernia Hospital</i>
3.00 – 3.30pm	Q&A
3.30 – 5.30 pm	Refreshments Individual Eye Health Screenings
5.30pm	END

SPEAKER BIO



Dr Lim Wee Kiak

Dr Lim Wee Kiak graduated from medical studies in the National University of Singapore (NUS) with an MBBS in 1992. He started his postgraduate training in Ophthalmology in 1995, graduating with a Master's degree from NUS (MMED) and two specialist postgraduate qualifications in Ophthalmology from UK (FRCS Edinburgh and FRCOphth London) in 1998.

Before joining Eagle Eye Centre as Chief Executive Officer and senior consultant eye surgeon, Dr Lim served as a consultant and a subspecialist in ocular inflammation and immunology at the Singapore National Eye Centre (SNEC). He was trained at the world-renowned National Eye Institute, National Institutes of Health, USA in 2003 and is a world leading expert in Ocular Inflammation, Immunology and Uveitis. He has authored twenty-six scientific peer-reviewed publications and nine book chapters. He is also a member of the International Uveitis Study Group (IUSG), International Ocular Inflammation Society (IOIS) and American Uveitis Society (AUS).

Besides serving at Eagle Eye Centre, Dr Lim holds concurrent appointments as Head, Ocular Inflammation, Immunology and Uveitis, The Eye Institute, National Healthcare Group and Tan Tock Seng Hospital. He is also serving as a visiting consultant to SNEC. He is an accomplished eye surgeon who has performed thousands of eye surgeries including complex cataracts surgeries, pterygium excision with conjunctival graft (fibrin glue) and LASIK surgeries.

During his service in the SAF, he led humanitarian medical missions to neighbouring countries and served as team leader of the Singapore medical team at the United Nations Hospital in East Timor. In Singapore, he has initiated numerous eye care programmes for the community including Project I-Care (an eye screening programme for old folk's homes), free spectacles for children of needy families and free cataract surgery for the needy.

Dr Lim has been an active grassroots leader since 1998. He has served as Chairman of Fuchun Community Club Management Committee and as Vice-Chairman of Marsiling Citizens' Consultative Committee. He has also served as an RC chairman, Chairman of Marsiling Secondary School Advisory Committee, Northwest CDC Councilor and Sembawang Town Councilor. For his involvement he was awarded the Young Executive of the Year award in 2000, and a Public Service Medal (PBM) in 2003.

Dr Lim is an avid athlete, a runner and swimmer. He has completed 5 marathons and is going strong despite his very busy clinical and community schedule.

SPEAKER BIO



Dr Julian Theng

Dr Julian Theng graduated from the National University of Singapore in 1992 with an MBBS degree and went on to specialize in the field of ophthalmology. He completed his fellowship examinations in Singapore and in London, obtaining the MMED (Ophth) and FRCS (Edinburgh) as well as the FRCOphth (in London) postgraduate degrees, which included a special module in optics and refraction.

He worked at the Singapore National Eye Centre (SNEC) for 12 years from 1995 to 2006 and was made a Consultant in 2003. Dr Theng has earned the respect of many for his outstanding surgical abilities and his dedication to his patients, making him one of Singapore's highest-volume surgeons. He is highly reputed for his work in the areas of the cornea and cataract, and refractive surgery, and has performed thousands of cataract, LASIK and cornea transplant surgeries.

Dr Theng has two other special areas of interest – the first being complex artificial cornea transplant surgery. He was one of only two surgeons in Singapore who was involved in performing the “tooth-in-eye” surgery, bringing sight back to a patient who was suffering from extreme bilateral cornea blindness. Dr Theng's second area of specialty is in the treatment of presbyopia, particularly patients with cataracts, performing numerous multi-focal lens implant surgeries and speaking at conferences globally and locally for courses in this field. At the age of 40, Dr Theng is now the medical director of the Eagle Eye Center (EEC) at Mount Alvernia Hospital, Singapore.

Despite his busy and hectic professional life, Dr Theng remains a devoted Christian. He is also a loving husband and father to his family. He believes in a balanced lifestyle and has varied hobbies and interests, sports being one of his great passions. He has represented his schools (Anglo-Chinese Junior School and Anglo-Chinese School, and the National Junior College) in athletics, table-tennis and tennis. He captained the NUS tennis team for three years and was once part of the Singapore National Tennis Team. Today, he still plays tennis competitively.

Dr Theng's other passion is his love for music and singing — he performs frequently at weddings, hospital functions and many other events. He has also participated in many commercial as well as church drama-musical productions. He has also served as a deacon in Prinsep Street Presbyterian Church. Some of Dr Theng's other hobbies are fishing, painting (both oil and acrylic), cooking and DIY activities around the house.

SPEAKER BIO



Ms Shandy Chng

Ms Shandy Chng graduated from the Singapore Polytechnic in 2003 and excelled in Clinical Optometry, Binocular Vision as well as Clinical Practice subjects. She went on to further her studies at Pennsylvania College of Optometry and graduated with Bachelor of Science in Optometry and Master of Science in Clinical Optometry in 2007. She gained her experience in a private practice for 3 years before she joined Eagle Eye Centre in 2006. She has special interest in childhood myopia and is currently heading the Myopia Control Program in EEC.